



# GYM WEST GfA JUNIOR & SENIOR CLASS UNIFORM ORDER FORM



**WOMENS TOPS**

SIZE	A: BUST		B: WAIST		C: HIP	
8	33 - 35"	83 - 88cm	25 - 27"	63 - 68cm	36 - 38"	89 - 94cm
10	35 - 37"	88 - 93cm	27 - 29"	68 - 73cm	38 - 40"	94 - 99cm
12	37 - 39"	93 - 98cm	29 - 31"	73 - 78cm	40 - 42"	99 - 104cm
14	39 - 41"	98 - 103cm	31 - 33"	78 - 83cm	42 - 44"	104 - 109cm
16	41 - 43"	103 - 108cm	33 - 35"	83 - 88cm	44 - 46"	109 - 114cm
18	43 - 45"	108 - 113cm	35 - 37"	88 - 93cm	46 - 48"	114 - 119cm

**KIDS TOPS**

SIZE	A: CHEST		B: WAIST		C: HIP	
0	19 - 20"	48 - 51cm	19 - 20.5"	49 - 52cm		
1	20 - 21"	51 - 54cm	20.5 - 22.5"	52 - 55cm		
2	21 - 22.5"	54 - 57cm	22.5 - 23"	55 - 58cm		
4	22.5 - 24"	57 - 61cm	23 - 24.5"	58 - 62cm		
6	24.5 - 26"	62 - 66cm	22.5 - 23"	57 - 59cm	26 - 27.5"	66 - 70cm
8	26 - 27.5"	66 - 70cm	23 - 24"	59 - 61cm	27.5 - 29"	70 - 74cm
10	27.5 - 30"	70 - 76cm	24 - 25"	61 - 63cm	29 - 31.5"	74 - 80cm
12	30 - 32"	76 - 82cm	25 - 25.5"	63 - 65cm	31.5 - 34"	80 - 86cm
14	32 - 34.5"	82 - 88cm	25.5 - 26.5"	65 - 67cm	34 - 36"	86 - 92cm

Name: \_\_\_\_\_

Uniform for the event is:

Club T-shirt

Black long leggings

**"PLEASE CIRCLE SIZE "**

GfA gymnasts will be participating in the Performance Spectacular 16<sup>th</sup> November & Gymnastics SA State Championships to be held on Sunday 17<sup>th</sup> November (Entries close 21<sup>st</sup> October 2019)  
Venue: Gymnastics SA Training Centre – Oaklands Rd, Morphettville.  
Cost of both event: \$60.00 per gymnast. ( Includes cost of the T-shirt: \$25.00 )  
Gymnasts will need a club uniform for this event.

**T-SHIRT ORDERS CLOSE:  
19th OCTOBER 2019**

Payment is required with the order or pay online. Samples are available to try on.

Paid:                       Paying online:

# STATE CHAMPIONSHIPS TEAM GYM

(17<sup>th</sup> November 2019) &

## PERFORMANCE SPECTACULAR

(16<sup>th</sup> October 2019)

MARION LEISURE CENTRE

Oaklands Road, Morphettville

### Team Gym Competition:

How the event works - the gymnasts compete for Bronze, Silver and Gold awards.

On the following apparatus:

- **Tumbling** – each gymnast completes two tumbling runs. Each run must have at least two skills. The team must increase the intensity of the skills as they perform.
- **Mini Tramp** – the gymnasts must complete two single skills and two synchronized skills. Again the skills must increase in intensity.
- **Floor routine** – all gymnasts must perform in the routine. The routine needs to contain 2 acrobatics holds, a jump/leap, a balance, a swing, plus at least 2 formations.
- **All routines are performed to music.**
- **The format of the event will be Tumbling and Mini tramp then all the teams will perform their floor routines.**

This is a Team event so it is important that all Team members arrive to the event. Routines would need to be altered if a gymnast is absent.

What to wear: Students will be required to wear the Gym West Team Gym Shirt, with all gymnasts wearing black leggings.

We hope that you will all be able to attend this exciting event to support your child.

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*Please complete and return to the gym or email*

Name of Gymnast: \_\_\_\_\_

### PERFORMANCE SPECTACULAR

16<sup>TH</sup> October                      I WILL / WILL NOT BE ATTENDING

### TEAM GYM STATE CHAMPIONSHIPS 2019

17<sup>th</sup> October                      I WILL / WILL NOT BE ATTENDING

**PLEASE RETURN TO THE GYM ON 19<sup>TH</sup> NOVEMBER 2019**