

## Session Term Dates 2022

Term 1	31 <sup>st</sup> January - 14 <sup>th</sup> April
Term 2	2nd May - 9 <sup>th</sup> July
Term 3	25 <sup>th</sup> July—1 <sup>st</sup> October
Term 4	17 <sup>th</sup> October - 17 <sup>h</sup> December

## Sessions Are

- Held during the DfE public school terms
- Not held during School Holidays or on Public Holidays

## Siblings

Unfortunately only those children enrolled in KinderGym are permitted on the equipment, siblings must be accompanied by a second parent/carer and kept off the floor area and equipment. Space inside the gymnasium is limited and prams/strollers need to remain in the foyer.

## Volunteer Setup Helpers

The setup of the KinderGym equipment for the daily KinderGym sessions is made possible by family members generously donating up to 1 hour of their time each week. Setup is Monday, Tuesday and Wednesday nights from 8.30pm. A \$30.00 term fee discount is offered.

Can you help? Need more information? Please email Tina at kindergym@gymwest.com

## Communication with the Club

President	Mr Mike Remkes
Street	Gate 3, Henley High School Harvey Street, Henley Beach, 5022
Postal	PO Box 599, Henley Beach, 5022
Phone	8353 4770 (Answering machine only)
Email	enquiries@gymwest.com
Website	www.gymwest.com
Facebook	GymWestGymClub

Note: There is limited office cover and all enquiries are answered as soon as possible.

GW is proudly in partnership with the City of Charles Sturt and the Office of Recreation, Sport and Racing. GW is also grateful to its sponsors and welcomes enquiries regarding sponsorship.



## Sports Vouchers

We are a registered provider of the SA Government's Sports Vouchers program. The purpose of the program is to reduce cost as a barrier for children to participate in organised sport. The \$100 discount is available to all primary school children aged 5-15 (Reception to Year 9). Sports Voucher Claim Forms are available at Reception. The term fee balance (minus the \$100 SV value) is to be paid in full as per the member's invoice, with the \$100 discount applied once Gym West has received the funds from the Department of Recreation, Sport and Racing.

## Policies

GW has several policies which everyone must comply with, full details are available on the website, including our Member Protection and Child Safe Policies which cover issues such as:

- Asthma Aware
- Bullying, Discrimination and Harassment
- Child Safety
- Codes of Behaviour for Athletes and Parents/Carers
- All Weather
- Smoke and Alcohol Free
- Social Media

## Car Parking

In line with our agreement with HHS, please use the western carpark only, entry via Gate 3 off Harvey Street. The carpark is a hazardous area and children must be closely supervised in and out of the building.

## Fundraising

Gym West is an active, inclusive, dynamic community that regularly raises funds for various projects. These are primarily ongoing maintenance and upgrade of gymnastic equipment. Families are asked to support events and activities by contributing time, money and goods from time to time.



Healthy clubs. Strong communities.



# GfA KinderGym Information Leaflet 2022

Information about Gymnastics for All (GfA) KinderGym is below. We hope you find this helpful and please do not hesitate to contact us if you require more details.

KinderGym provides a safe environment for children to develop skills in a fun and playful way at their own pace. It offers children aged 0 - 5 years old the building blocks to fundamental movement - ensuring they can experience a wide range of physical activities and be encouraged to think, create, construct and solve problems with their own bodies. While developing co-ordination and self-esteem, KinderGym programs assist in every child's physical, social and cognitive development.

## GfA KinderGym Coaches

Head Coach  
Coaches

Tina Hutchins  
Marnie Wade





Gymnastics For All

[Children and Adults](#)

Non-Competition Squads  
Entry Open To All

**KinderGym**  
0 - 5 years



**GfA GymMix**  
5+ years  
Level 1 – 10



**GfA Junior**  
Eligible for Statewide  
Events



**GfA Senior**  
Eligible for GW's Junior  
Coach Program

## GfA KinderGym

This program is especially designed for 0 - 5 year olds, and is the starting point for a lifelong love of and involvement with sport.

The youngest athletes start their exciting gym journey in the 0 - 3 years old sessions.

KinderGym Junior caters for 3 - 5 year olds who like to be a little more independent while still sharing the experience with a trusted adult.

A Gymnastics Australia accredited KinderGym Coach guides each specifically written program, ensuring equipment set-ups are safe, stimulating and provide endless movement

opportunities for your child to play and learn.

KinderGym promotes the child as the key focal point and involves active participation of the child's parent/carer who also benefit from sharing in their children's enjoyment and learning.

## What Follows After KinderGym?

Children can go straight from KinderGym to Gymnastics for All - GymMix, an exciting and highly successful program developed by Gymnastics Australia for 5+ year olds.

GymMix is non-competitive, challenging and builds on the skills learned in KinderGym. It extends these skills safely while having fun by providing a fundamental, sequential gymnastics program. All the details are in GW's GfA Information Leaflet.

## Session Days and Times

Day	Age	Session Times	Fee for First Term
Tuesday	0 - 3 years old	9.00am - 9.55am	\$172
		10.00am - 10.55am	\$172
		11.00am - 11.55pm	\$172
K/Gym Junior	3 - 5 year olds	12:30pm - 1:25pm	\$172
		1.30pm - 2.25pm	\$172
Wednesday	0 - 3 years old	9.00am - 9.55am	\$172
		10.00am - 10.55am	\$172
		11.00am - 11.55pm	\$172
K/Gym Junior	3 - 5 year olds	12:30pm - 1:25pm	\$172
		1.30pm - 2.25pm	\$172
Thursday	0 - 3 years old	9.00am - 9.55am	\$172
		10.00am - 10.55am	\$172
		11.00am - 11.55pm	\$172
K/Gym Junior	3 - 5 year olds	12:30pm - 1:25pm	\$172
		1.30pm - 2.25pm	\$172

**Bookings are essential as most sessions have a waitlist**

## Fees Policy

GW has a comprehensive Fees Policy, including:

- Fees are based on the expected annual attendance costs of training, registration, insurance and administration costs, Gymnastics Australia's (GA's) membership fee and equipment levy
- Member Registration with Gymnastics SA, plus Insurance and Administration Fee is invoiced (\$52 once per year) in the first term of attendance, regardless of start date through the year. Subsequent term invoices will be raised once GW has placed your child in their session (\$120.00 per subsequent term)
- Fees must be paid in full within 28 days of the date of the invoice
- Failure to pay by the 28<sup>th</sup> day will result in a 5% late payment fee being charged
- All fees from the current term are to be paid before the next term's activities can be commenced

## Fee Payment Method

BSB: 065 152

Account: 1025 1986

Reference: Child's Surname and Invoice Number  
(eg—SmithMC555)

## Enrolment Enquiries

Please contact our administration staff during business hours, or send your enquiry via our website - [gymwest.com](http://gymwest.com) - using the Contact tab. We will be in contact as soon as possible to confirm availability and discuss any queries you have.

Administration Officer Julia Klar

Administration Assistant Denise Kris

## What To Wear

Children must be comfortable and able to move freely and safely. To help with this they need to wear close fitting shorts or leggings, t-shirt, hair tied back and bare feet. Any child toilet training must wear a nappy/pull-up for hygiene reasons.

Parents/Carers should also wear comfortable and safe close fitting top and pants, hair tied back and have socked or rubber, soft-soled shoes. Sandals, thongs and high-heeled shoes are not appropriate.

## Illness, Injury and Absence

If a child is unwell or injured, please do not bring them to sessions and risk their recovery and/or adversely affecting others. We understand children can be unpredictable and attendance may not be possible for a variety of reasons. While refunds are not given, make-up sessions within the same term can be arranged.

## Yearly Membership

Membership must be renewed each year via our online membership database, RevolutioniseSPORT prior to commencement of activities. This is renewed annually.

## What Other Programs Does GW Offer?

For 5+ year old children interested in doing competitive gymnastics, please see our MAG (Boys) or WAG (Girls) Information Leaflets at Reception or on the GW website.