

TERM 1

# NEWSLETTER

2023


 @GYMWESTGYMNASTICS

 GYMWEST.COM

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As we begin the year 2023, Gym West extends a warm welcome to all of our members. We trust that you have all comfortably settled into term 1. To our new members, we offer a special greeting and hope that you have a wonderful experience here at Gym West.

## WELCOME...

Gladly, we introduce our newest additions to the coaching team - Flynn, Sophia, and Velvet. We look forward to providing them with our full support as they embark on their coaching journey.

## CONGRATULATIONS...

Our warmest congratulations go to Sophia, Domenic, and Velvet on successfully completing their beginner coaching course this February. They are now our newest beginner coaches.



## TOP NEWS...

Emma, Carla, and Sienna have recently stepped into our WAG Development and Pre-Competition Squads as group coaches. We want to extend our congratulations to them. We are thrilled to offer our support as they work towards achieving their intermediate coaching accreditations and expanding their skills. These coaches have put in a lot of effort, working closely with our head coaches, and are now fully equipped to lead their own groups.

## PICK UP AND DROP OFF...

To eliminate congestion in the foyer, please ensure you are dropping your gymnasts off in the foyer and picking them up at the side door at the end of their session.

## GSA AWARDS NIGHT...

Congratulations to our finalists for 2022:

Cameron Egger - GfA Coach of the Year

Ruby Henry - Volunteer of the Year

Gym West - Large club of the Year



*"Phenomenal, I really enjoyed the year... I learned lots of techniques and I got a bit stronger"*

- MAG Gymnast 2022

MARCH 18:  
L1-4 INTERCLUB

MARCH 18  
WAG SLEEPOVER

MARCH 18-19:  
GfA PAYNEHAM FRINGE SHOW

MARCH 25-26:  
WAG L6-10 INVATIONALS, AGC  
TRIAL 2 & L7-9 BC TRIAL 1

MARCH 26:  
MAG BOUNCE EVENT

APRIL 28-30:  
STATE CHAMPIONSHIPS



## CONGRATULATIONS

During the holiday season and early term 1, a significant number of gymnasts advanced to a new squad. To recognize this noteworthy accomplishment, we extend our congratulations and eagerly anticipate witnessing their growth and success in their new squads.

## GYMNASTICS FOR ALL SHIRTS

Gymnastics for All merchandise shirts are available through the RevSport shop. You can access this by logging into your RevSport account (the one you made when registering) and heading to the Shop tab.

## WAG MOVIE NIGHT REMINDER

Saturday 18 March 2023 from 6 - 9pm  
Movie: Mamma Mia!  
Book via trybooking by scanning the QR code



## KINDERGYM

Easter raffle tickets coming next week. Donations due by 23rd March for 30th March draw.

KinderGym is in **urgent** need of helpers for setting up. Assistance is required for around an hour every Wednesday night starting at 8.30pm. Members of KinderGym who provide a helper will be entitled to a discount on their term fee. Speak to Tina or email [kindergym@gymwest.com](mailto:kindergym@gymwest.com).

## TEAM GYM SHIRTS

if you are in need of a TeamGym shirt, they can be purchased through RevSport. We are waiting on a order of more sizes If the size you need is not available.



# RESULTS

## WAG LEVEL 6-10 INTERCLUB RESULTS

### New Upgrades

Level 6: Ada, Melody, Evelyn, Roxy and Chloe.

Level 7: Lola and Indigo.

### Awards

#### Level 6 Under 12

Melody: 6th Vault | 1st Beam | 3rd Beam | 4th Overall

Evelyn: 6th Bars | 4th Beam

#### Level 6 Under 13

Ada: 1st Beam | 3rd Floor | 6th Overall

#### Level 6 Open – Junior

Lily: 2nd Vault | 6th Floor

#### Level 6 Open – Senior

Katie: = 6th Vault | 2nd Beam | 5th Floor | = 6th Overall

Chloe: 3rd Vault | 6th Bars | 6th Beam | 6th Floor | = 6th Overall

Roxy: = 6th Vault | = 2nd Beam | 3rd Floor | 5th Overall

#### Level 8 Open

Charlize: 4th Vault | 3rd Bars | 4th Floor | 3rd Overall

Julia: 6th Beam

## TERM 1 INVOICES DUE

The due date for term 1 invoices is quickly approaching. All invoices need to be paid by the end of term 1. If you need to pay in installments, please email [finance@gymwest.com](mailto:finance@gymwest.com).

## MAG & WAG JUDGES

Gym West is required to supply judges at all comps that we attend. With the limited number of judges we have, we are finding this quite difficult. If you are interested in judging for Gym West, please email [admin@gymwest.com](mailto:admin@gymwest.com). No experience is needed.

