



FACILITIES INFORMATION SHEET - KINDERGYM

WELCOME

Welcome to our KinderGym Program, we hope that your time at Gym West KinderGym is fun and rewarding.

Please take a moment to read the following information to help you familiarise yourself with our venue and facilities.

Henley and Grange Youth Clubs Inc trading as Gym West is a not for profit community sports club run by a volunteer Management Committee.

We share our facilities with Henley High School.

LOCATION

The gymnasium is at the rear of Henley High School, however there is no access to our gymnasium via the high school. All access is via Harvey Street, Henley Beach.

Vehicles can enter at Gate 3, Harvey Street and our small car park is the first on the left. Please ensure that your vehicle does not block any gate as this is where the emergency services enter.

Additional parking is available in Harvey Street, however watch out for "No Parking" zones.

Pedestrians and **bicycles** can enter through the laneway just east of the driveway gates in Harvey Street. There is no pedestrian access through the High School from Cudmore Terrace.

Bicycles can be parked along the tubular steel fence. Bicycles are not permitted inside the facility.

Henley High School require that all Gym West KinderGym users maintain the following:

- Make sure that your parked vehicle does not protrude over the driveway from Harvey Street as large trucks use this driveway.
- There is no parking in the Henley High School staff car park at any time.
- There is no access from Cudmore Terrace.
- Around the gymnasium building, please keep out of zones marked by yellow lines as these areas are considered unsafe for children.
- Note that HHS have a Maintenance Shed next to the gymnasium. Small vehicles frequent the facility and parents should supervise their children closely at all times.
- Smoking is not allowed anywhere on grounds or car park.
- When you leave the facility and car park, please do so quietly with respect for the residents.

INSIDE KINDERGYM

Our venue is a purpose built gymnastic venue. Our floor surface can be uneven in places.

Equipment is anchored by wires and cables. Please take care.

Only flat, soft soled shoes can be worn inside gymnasium.

Heeled shoes damage the floor surface and people can easily cause themselves an injury with inappropriate footwear.

Children participate in KinderGym in bare feet as it is better for grip, balance and sensory feedback on the equipment.

Make sure that your child is dressed in items that are comfortable and easy to move in. Dresses, skirts, hooded tops, hats and jewellery are not suitable for KinderGym. Long hair should be tied back.



FOOD

Food is a hygiene and choking hazard and is not permitted in the facility.

Water is the only drink permitted inside the gymnasium.

Our surfaces are foam and carpet making cleaning very difficult, please leave all food and drinks (other than water) in the foyer.

SUPERVISION

The KinderGym program is designed for each child to attend with an adult that supervises them throughout the session.

We recommend that adults stay within one arm's length from their child.

MOBILE PHONES & PHOTOGRAPHS

Please turn mobile phones to silent when entering the gymnasium, unless an emergency call is expected. Mobile phone usage can be a distraction and leaves your child unsupervised posing a risk to your child and others.

Phone usage during group times is very distracting for the rest of the group.

If you must take a call, please do so in the foyer or outside and keep your child with you.

You are welcome to take photographs of your child. We ask you to focus on your child only, as much as possible. Gym West has a Photography Policy - please ask your KinderGym Leader if you would like further information.

BABIES AND SIBLINGS

We have limited facilities for babies and siblings.

We have room for only two prams inside the gymnasium. If your pram is empty, please park it in the foyer.

We have a small playpen for two babies. Please note that if these facilities are full then parents should be prepared with a baby carrier.

We understand that some families do not have assistance and will attend with two children. Please note, however, feeding of an infant inside the KinderGym poses a hygiene issue for Gym West as spills are not easily removed from our floor.

Please feed babies in the foyer with your child. KinderGym staff can assist by providing a chair for you if needed. Where possible you are welcome to attend the following session to make up time.

KinderGym staff are not available to supervise individual children.

TOILETS

KinderGym families can use the "STAFF" toilet or the "TOILET FOR DISABLED".

Nappy change facilities are in the "Toilets for Disabled" cubicle. It is important that families remove any nappies from our facility as Henley High School cleaning does not include nappy disposal. Please ask staff if you require a bag for your used nappy. Nappies can not be changed inside gymnasium.

FURTHER REQUESTS FROM HENLEY HIGH SCHOOL

- We share our facility with the HHS sports program and the foyer gets very busy. Please help to keep doorways clear.
- Please keep to Gym West's end of the foyer. Please do not watch the students using the courts area or allow children to play down that end of the foyer.
- HHS regards small children at risk around the older students and request that our parents closely supervise their child at all times on campus.

THANK YOU for your assistance to maintain safety and well-being in our shared facility.