



FACILITIES INFORMATION SHEET WELCOME

Henley and Grange Youth Clubs Inc trading as Gym West is a not for profit community sports club run by a volunteer Management Committee. We share our facility with Henley High School and ask all families to read the following information regarding our facility.

LOCATION

The gymnasium is at the rear of Henley High School, however there is no access to our facility via the high school. All access is via Harvey Street, Henley Beach.

Vehicles can enter at Gate 3, Harvey Street and our small car park is the first on the left. Please ensure that your vehicle does not block any gate as this is where the emergency services enter.

Please do not overcrowd the carpark as this is not safe for the large number of children present.

Additional parking is available in Harvey Street, however watch out for “No Parking” zones.

Families can use the Henley High School Staff car park **OUT OF SCHOOL HOURS**, after 5pm weekdays and anytime on weekends.

Pedestrians and **bicycles** can enter through the laneway just east of the driveway gates in Harvey Street. There is no pedestrian access through the High School from Cudmore Terrace.

Bicycles can be parked along the tubular steel fence. Bicycles are not permitted inside the facility.

Henley High School require that all Gym West users maintain the following:

- Make sure that your parked vehicle does not protrude over the driveway from Harvey Street as large trucks use this driveway.
- There is no access from Cudmore Terrace.
- Around the gymnasium building, please keep out of zones marked by yellow lines as these areas are considered unsafe for children.
- Note that HHS have a Maintenance Shed next to the gymnasium. Small vehicles frequent the facility and parents should supervise their children closely at all times.
- Smoking is not allowed anywhere on grounds or car park.

INSIDE GYM WEST GYMNASIUM

Our venue is a purpose built gymnastic venue. Our floor surface can be uneven in places. Equipment is anchored by wires and cables. Please take care.

Only flat, soft soled shoes can be worn inside gymnasium. Heeled shoes damage the floor surface and people can easily cause themselves an injury with inappropriate footwear.

Children participate in bare feet as it is better for grip, balance and sensory feedback on the equipment.

Make sure that your child is dressed in items that are comfortable and easy to move in. Dresses, skirts, hooded tops, hats and jewellery are not suitable. Long hair should be tied back.

Warts and lesions should be covered.

FOOD

Food is a hygiene and choking hazard and is not permitted in the facility.

Water is the only drink permitted inside the gymnasium.

Our surfaces are foam and carpet making cleaning very difficult, please leave all food and drinks (other than water) in the foyer.

SUPERVISION

Families are welcome to stay and view their child's session from the foyer.

Always escort your child into and out of the foyer and make sure that your child's session is going ahead before leaving.

We have had issues in the past involving safety in the car park.

Sessions could be cancelled without notice due to weather or coaching situations.

Whilst we make every effort for sessions to run to schedule we are human and illness, injury or work/school/university commitments happen that could affect your child's session.

We do not have office cover and regret any inconvenience to families if sessions are cancelled at the last minute.

Gym West staff cannot supervise visits to the toilets.

WEATHER POLICY—Source www.bom.gov.au

- All KinderGym sessions Tues, Wed & Thurs and Gym for All sessions on Saturday mornings will be cancelled if the temperature for Adelaide from the previous evening weather report is forecast to be 40 degrees or more.
- All afternoon and evening sessions of any program, from 3.30pm (except WAG ADVANCED) will be cancelled if the forecast temperature at 9am is 37 degrees or more.
- WAG ADVANCED sessions will be cancelled if the forecast temperature at 9am is 40 degrees or more.
- EXTREME WEATHER. Gym West will respond to recommendations by the Bureau of Meteorology. Sessions will be cancelled in extreme weather without notice.
- All sessions may be modified during heat and extreme conditions to suit the needs of the participants.
- Families should take care during heat and extreme weather.

EMERGENCY INFORMATION

Information on our Emergency Procedures such as evacuation and lock-in are displayed in the gymnasium and in the foyer. Please take time to read this information and familiarise yourself with our assembly point located at the entrance to the laneway towards Harvey Street. The gymnasium can be evacuated via the Emergency Doors on the western wall or via the foyer. During a lock-in staff will lock the doors and families wait quietly inside the gym. Gym West will conduct emergency drills through out the year.

FURTHER REQUESTS FROM HENLEY HIGH SCHOOL

- We share our facility with the HHS sports program and the foyer gets very busy. Please help to keep doorways clear.
- Please keep to Gym West's end of the foyer. Please do not watch the students using the courts area or allow children to play down that end of the foyer.
- HHS regards small children at risk around the older students and request that our parents closely supervise their child at all times on campus.
- Please do not allow children to be unsupervised outside of gymnasium.

THANK YOU for your assistance to maintain safety and well being in our shared facility.